What Matters

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What Matters Objectives

► Describe what matters to American Indian elders
  ► Cultural Sensitivity
► Practice effective communication with elderly patients on what matters
  ► Advance care directives
► Identify gaps between western medicine and traditional care
Cultural Sensitivity

- Health promotion efforts
- Meditation room at St. Alexis in Bismarck, ND
  - Background:
    - Need space (big families)
    - Singing (sound proof)
    - Smudging and praying
- Next steps
  - Partnerships with doctors
    - I.e., White Earth- Uses traditional practices to treat patients
  - Cultural sensitivity training to address barriers

Effective Communication

- Elder advocate
- Language Barriers
- Healing and what that means for each person/nation
Gaps Between Western and Traditional Medicine

Closing Remarks

Questions?

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