

What Matters

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What Matters Objectives

- ▶ Describe what matters to American Indian elders
 - ▶ Cultural Sensitivity
- ▶ Practice effective communication with elderly patients on what matters
 - ▶ Advance care directives
- ▶ Identify gaps between western medicine and traditional care

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Cultural Sensitivity

- ▶ Health promotion efforts
- ▶ Meditation room at St. Alexis in Bismarck, ND
 - ▶ Background:
 - ▶ Need space (big families)
 - ▶ Singing (sound proof)
 - ▶ Smudging and praying
- ▶ Next steps
 - ▶ Partnerships with doctors
 - ▶ I.e., White Earth- Uses traditional practices to treat patients
 - ▶ Cultural sensitivity training to address barriers



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Effective Communication

- ▶ Elder advocate
- ▶ Language Barriers
- ▶ Healing and what that means for each person/nation



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Gaps Between Western and Traditional Medicine



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Closing Remarks

Questions?

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